

Only order what you need – key message sheet

- Before you order your repeat prescription please check how much medicine you have left at home.
- If you still have some of your medicines, only order those you need more of. You can re-order the others next time.
- Only ordering what you need:
 - is safer for you, as medicines can go out of date if kept for too long.
 - helps prevent medicine shortages, making medicines available for everyone.
 - helps reduce waste and is better for the environment. If you do have any unused medicines at home, you can return them to your local pharmacy for safe disposal.
- Not using some of your medicines? Speak to your GP practice about a medication review; they can help make sure your prescription is right for you.
- Check your prescription bag before you leave the pharmacy in case it contains medicines you don't need. Returning these medicines means they can be used by another patient.
- Only order what you need to cut waste, prevent shortages, and keep medicines available for everyone.